



CalFresh Food



Presented by:
County of Santa Clara Social Services Agency

- **What is CalFresh Food?**

- CalFresh Food is a nutrition program that can help low income families and individuals buy healthy foods.
- This federally funded program is called Supplemental Nutrition Assistance Program or **SNAP**.
 - Benefit Amount:
 - 1 Person: \$23 - \$281
 - Family of 4 – Max \$939
- CalFresh Food used to be known as the Food Stamp Program.
- CalFresh Food is the largest food assistance program in California with the aim of reducing hunger and improving access to nutritious, affordable food.
- CalFresh Food benefits are issued on an EBT card that works like a debit card and can be used at most grocery stores and many farmers markets to purchase food.
- Retailers can be found at the *CA State website* at <http://www.ebtproject.ca.gov/CommercialInformation/retail.shtml>
- CalFresh Food is good for the local economy. It is estimated that every CalFresh Food \$1 spent in a local community results in \$1.50 of related economic activity.

- **Who Does CalFresh Food Serve?**

Across California households struggle to put food on the table

- **9.8% of California households** are “food insecure” or struggle to afford a nutritionally adequate diet
- **4.3 million** Californians receive CalFresh Food benefits (April 2022)

- **Benefits of CalFresh Food Program**

- Double Up Food Bucks upgraded to CA Fruit & Vegetable
 - Use EBT Card to Buy Fruits & Vegetables
 - Earn up to \$60-month free fruit & vegetables!
 - WEBSITE:
<http://www.doubleupca.org>