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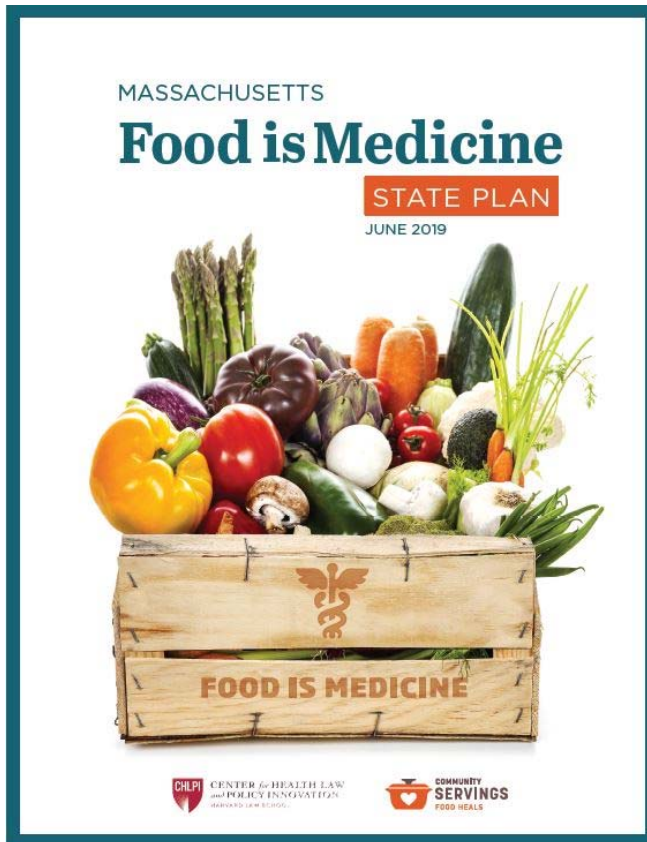
# **FOOD IS MEDICINE**

NATIONAL STATE OF THE FIELD AND MASSACHUSETTS

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February 16, 2021

# FOOD IS MEDICINE - MASSACHUSETTS

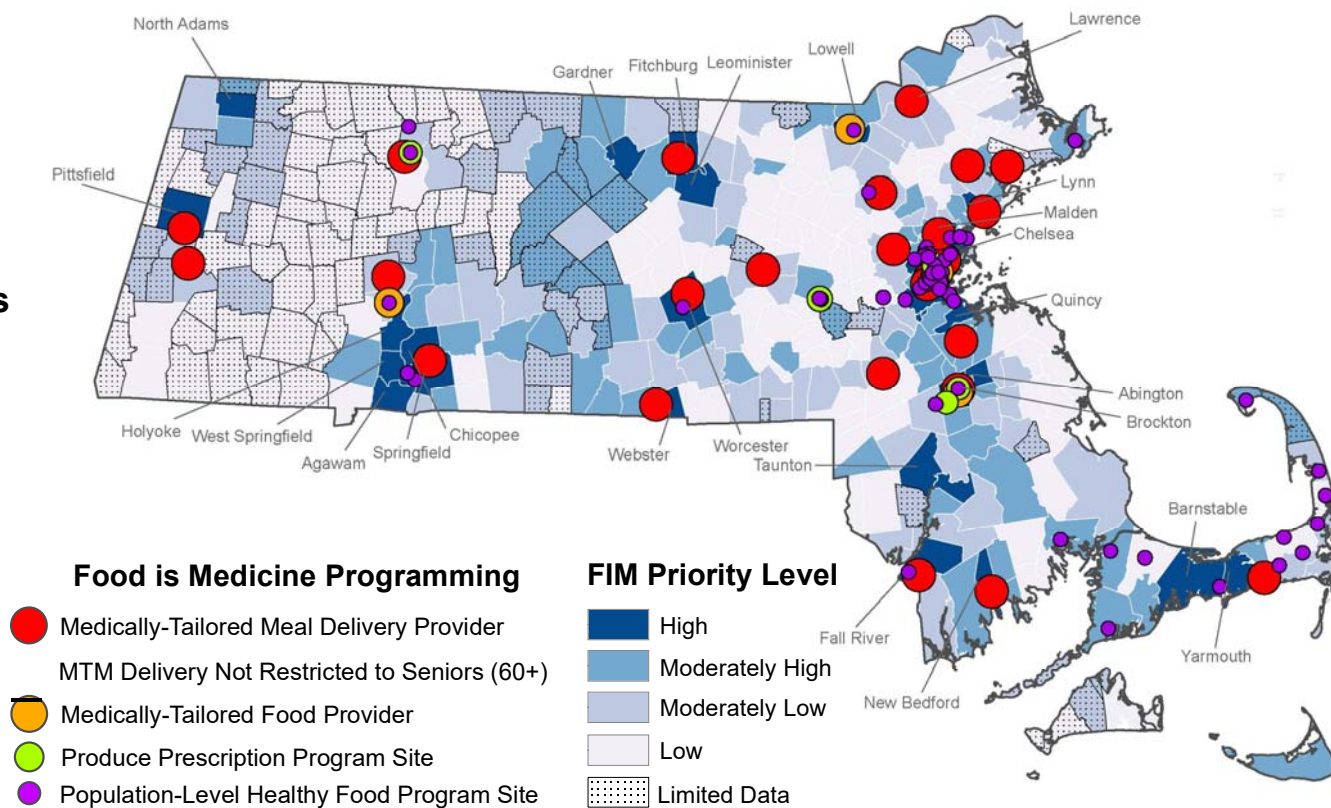


1. Assess the distribution of **need**
2. Assess the distribution of **access**
3. Develop a **strategy** to increase the availability of Food is Medicine interventions to meet the level of need throughout the state.

# FOOD IS MEDICINE - MASSACHUSETTS

## Massachusetts Food is Medicine Programs

- 26 Medically Tailored Meal Organizations
  - 25 are Meals on Wheels Programs
- 5 Medically Tailored Food Delivery Organizations
- 5 Produce Prescription Programs
- 27 Population-level Healthy Food Programs

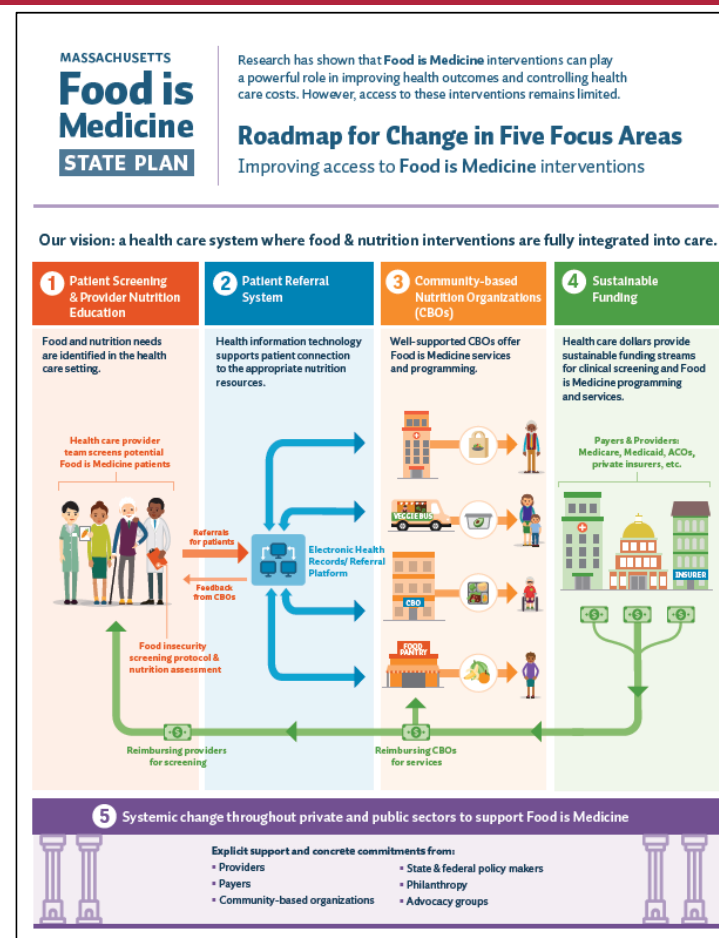


# FOOD IS MEDICINE - MASSACHUSETTS

## Food is Medicine 15

### Five Focus Areas

1. Provider Knowledge and Screening
2. Patient Referral and Connection
3. High-Quality, Appropriate Services Available in the Community
4. Sustainable Funding
5. Leadership Engagement and System Transformation



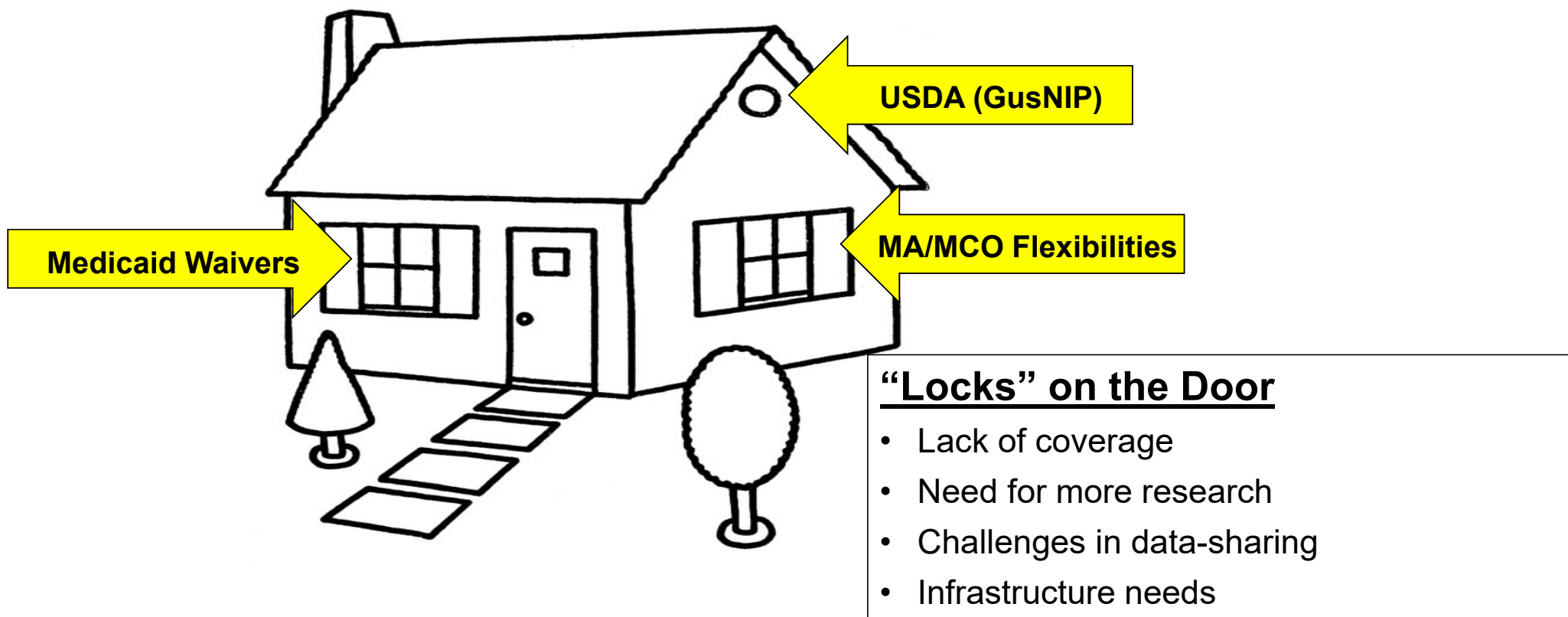
# FOOD IS MEDICINE - MASSACHUSETTS

## Food is Medicine Massachusetts (FIMMA) coalition

- **Convene quarterly to evaluate progress on State Plan policy recommendations and coordinate the efforts of 3 task forces**
  - Provider Nutrition Education & Referral Task Force
  - Food is Medicine Research Task Force
  - Community-Based Organization Task Force
- **Cultivate cross-sector communication surrounding Food is Medicine in MA**
- **Advocate for future policies that will improve access to Food is Medicine interventions**
  - Food and Health Pilot Bill
  - Section 1115 Demonstration Waiver (Flexible Services Program)

# FOOD IS MEDICINE - NATIONAL STATE OF THE FIELD

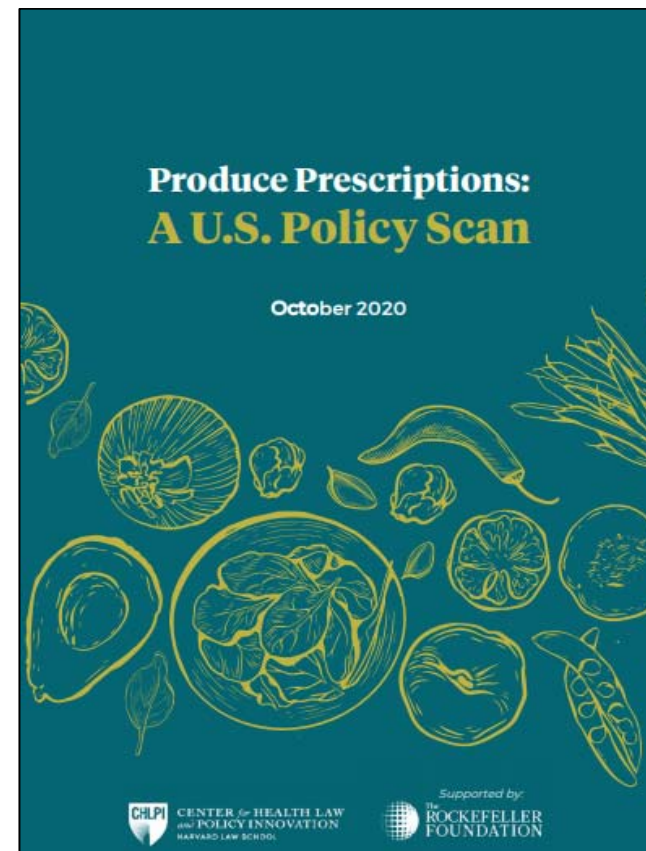
## Integrating Nutrition into the U.S. Health Care System



# FOOD IS MEDICINE – NATIONAL STATE OF THE FIELD

## “Windows” of Opportunity

- **Medicaid**
  - 1115 Demonstration Waivers
    - CA, MA, NC, OR, etc.
  - 1915(b) Waivers
  - 1915(c) Waivers
  - Medicaid Managed Care Flexibilities
- **Medicare Advantage**
  - Special Supplemental Benefits for the Chronically III (SSBCI)
  - Value-Based Insurance Design (VBID) Model





# FOOD IS MEDICINE – NATIONAL STATE OF THE FIELD



## Movement Towards Unlocking the Door

### • Lack of Coverage

- **H.R. 6774:** Medically Tailored Home-Delivered Meals Demonstration Pilot Act
- **Forthcoming:** Mainstreaming Produce Prescriptions: A Policy Strategy Report (March 2021)

### • Need for Research

- 2020-2030 Strategic Plan for NIH Nutrition Research
- Aspen Institute Food is Medicine Initiative

### • Challenges in Data Sharing

- **Proposed Rule** – Proposed Modifications to HIPAA Privacy Rule (86 Fed. Reg. 6446 - **comments due 03/22/21!**)

### • Infrastructure Needs

- **Food is Medicine Accelerator** – Medically Tailored Meals





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