

# SPUR

**Ideas + Action for a Better City**

learn more at [SPUR.org](http://SPUR.org)

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*#Foodwaste*



**THE SF  
MARKET™**  
SOURCE FOR FRESH PRODUCE

**We Make Things Grow**

[www.sfproduce.org](http://www.sfproduce.org)

# 28 MERCHANTS



1000s  
Customers



*Berkeley Bowl Marketplace*

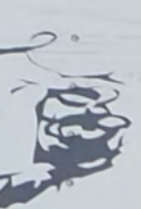




**1000**  
JOBS for the  
COMMUNITY



**\$113**  
**BILLION FOR**  
**FOOD ECONOMY**



# FOOD RUNNERS

DELIVERING EXCESS FOOD

Call: 415-929-1866 or visit: [www.foodrunners.org](http://www.foodrunners.org)

800  
THOUSAND  
POUNDS





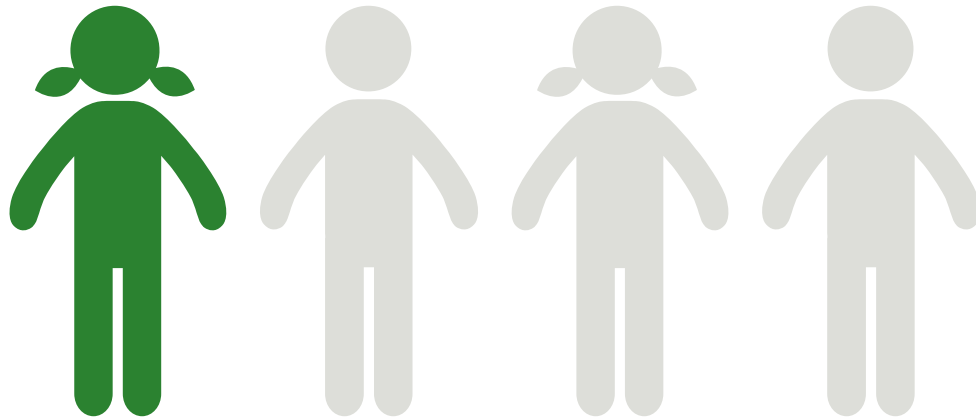
SF·MARIN  
FOOD BANK



# Together, We Can End Hunger

SFMFOODBANK.ORG





1 in 4

ARE AT RISK OF  
HUNGER

in San Francisco and Marin

# Our Impact

210,000

people rely on us every year

We distributed

48 MILLION

POUNDS OF FOOD  
LAST YEAR

We provide

110,000

MEALS EACH DAY



30,000

FAMILIES EVERY WEEK



40,000

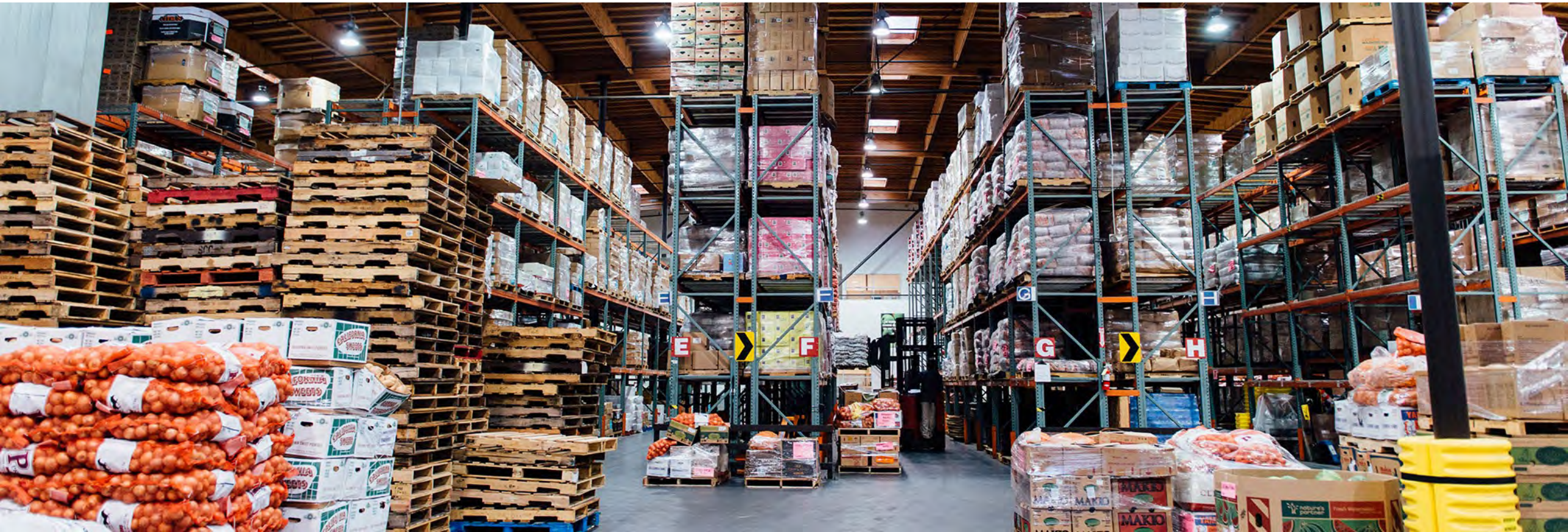
CHILDREN EVERY YEAR



32,000

SENIORS EVERY YEAR

# Welcome to Our SF Warehouse!



# Farm to Family

We distributed more than

**29M**

pounds of fresh fruit and  
vegetables — more produce  
than ever before

**3.4 M**

pounds of apples

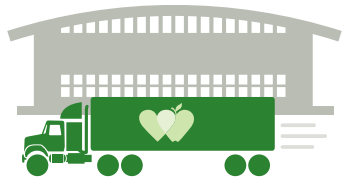
**3.3 M**

pounds of potatoes

**60%**

is produce

# From Farm to Pantry



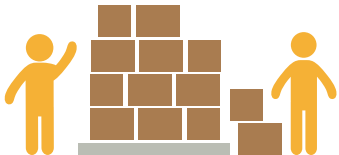
7 TRUCKS

full of food arrive each day



38,000

VOLUNTEERS



278

PANTRY ORDERS



278

PANTRIES



30,000

HOUSEHOLDS  
WEEKLY

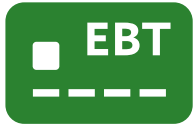
210,000

PEOPLE EVERY  
YEAR

# Our Programs



Advocacy



CalFresh  
Outreach



Community  
Partners



Fresh-  
Produce  
Initiative



Home-  
Delivered  
Groceries



Morning  
Snack



Neighborhood  
Pantries



Nutrition  
Education

# Pantry Network



278

PANTRIES WEEKLY,  
farmers' market style

# Bountiful Pantry Bag

Fruits and vegetables:

**60%**  
PRODUCE

---

**50+ TYPES**  
OF FRUITS &  
VEGETABLES ANNUALLY

6-10 different types each week

**LEAN PROTEIN**

CHICKEN, EGGS, OR FISH

---

**GRAIN**

RICE, OATS, TORTILLAS



# #EndHungerTogether



DONATE • VOLUNTEER • PARTNER WITH US

**PREVENT WASTE.**

40% of the food produced in the U.S. is discarded, wasting not only good food but also the precious resources that were used to produce it.

**PLEASE, DON'T THROW GOOD FOOD AWAY!**

**ALLEVIATE HUNGER.**

1 out of every 4 San Franciscans is at risk for food insecurity, with residents affected in every district of the city. By simply donating your excess food, you can help alleviate their need.

**CREATE COMMUNITY.**

Every day, our volunteers pick up perishable and prepared food from San Francisco businesses and deliver it to neighborhood food programs. In doing so, we're connecting San Franciscans from all over the city.

**JOIN OUR CAUSE!**



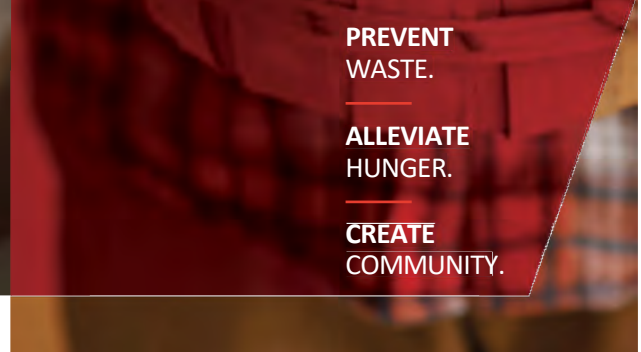
PLEASE CALL 415.929.1866



To donate, deliver or receive food from Food Runners, or to get more information, please contact us:

**FOODRUNNERS.ORG**  
**415.929.1866**

**TO DONATE FUNDS:**  
Please visit FoodRunners.org and click the "Donate Now" button. The whole process takes less than two minutes, and you'll help support your neighbors in need.



**PREVENT WASTE.**  
**ALLEVIATE HUNGER.**  
**CREATE COMMUNITY.**

## DONATE FOOD

It's easy! Just tell us the type and amount of food you're donating plus the name and address of your business. Package your food and chill if necessary. Food Runners will pick up your donation within a few hours. And don't worry! You're protected from liability by both federal and state laws. (For large donations of non-perishable food, please contact the SF Food Bank)

### SOME OF OUR REGULAR FOOD DONORS:

- **Restaurants:** Piperade, Delfina, Kokkari
- **Hotels:** Park Central, Hilton, Westin St. Francis
- **Bakeries:** Jane, Noe Valley Bakery, Arizmendi
- **Caterers:** Paula LeDuc Fine Catering, Foxtail Catering, Taste Catering, ZeroCater
- **Grocery Stores:** Whole Foods Market, Real Food Co., Canyon Market, Gus's Community Market
- **Hospitals:** Kaiser Permanente, Laguna Honda Hospital & Rehabilitation Center

## FOOD RUNNERS

Food Runners is a grassroots organization of over 200 volunteers. Each week, we pick up more than 16 tons of perishable and prepared food that would otherwise go to waste and deliver it to more than 300 agencies that help San Franciscans in need. Free of charge!

## VOLUNTEER

All it takes is one hour per week, and it's incredibly rewarding! No training is required.

You can sign up for a Regular Food Run and do the same pickup and delivery each week. Or, you can choose to be On Call, which means you'll be notified to see if you can fit a food run into your schedule that same day. For each food run you do, you'll get easy-to-follow pickup and delivery instructions.

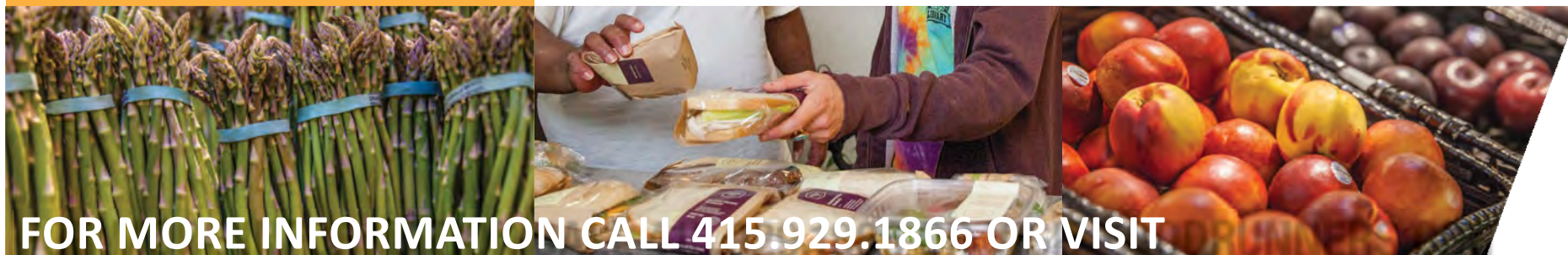
Volunteers use their own vehicles to relay food. If the donation is very large, we will send the Food Runners Truck (and driver).

## RECEIVE FOOD

We deliver food to hundreds of community programs. If you would like to receive food for your program, please call us so we can discuss your particular needs.

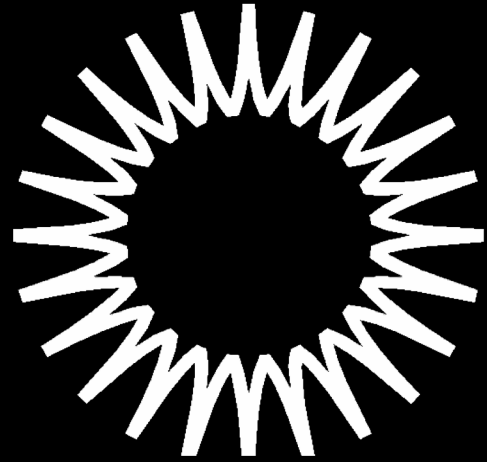
### SOME OF OUR REGULAR RECIPIENTS:

- **Free Meal Dining:** GLIDE, St. Anthony's Dining Room, Martin DePorres, City Team, United Council for Human Services, Fraternite Notre Dame, The Sanctuary
- **Residences for Men, Women and Families:** HealthRIGHT 360, CATS – A Woman's Place, Hamilton Family Center, Raphael House
- **Senior Residences:** Sala Burton Manor, Mission Terrace, Banneker Homes, Fellowship Manor
- **Group Homes:** Aviva House, Rypin's House, Rafiki House, Shrader House, La Amistad, Fresh Start



FOR MORE INFORMATION CALL 415.929.1866 OR VISIT

FOODRUNNERS.ORG



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