

Healthy Eating Initiative Mission:

All residents have affordable, healthy produce within ½ mile of their home.

- •Good. To Go. programs & campaign
 - Fresh Carts
 - Healthy Cornerstores
 - Farmers' Markets
- Urban Ag & Food Policy Change
- Silicon Valley Health Corps (Americorps)



Fresh Carts

Status

- 1 vendor at AACI
- 5 vendors at weekly pop-up events
- Policy change

Lessons Learned

- Change policy & ensure proper infrastructure before implementation
- Ensure community buy-in
- Analyze the demand and market







Farmers' Markets

Status

Fresh Approach's mobile market launch with stops at cornerstores

Lessons Learned

- Match project with community capacity & infrastructure/layout
- Support partners' existing plans & momentum





Healthy Cornerstores

Status

- 15 stores participated
- 7 currently meet criteria
- 150+ healthy items
- 5 upgrades
 - refrigerators, shelves, juicer



- Set realistic targets and timeframes
- ID & address barriers and research market before implementation
- Clear roles, communication, and expectations
- Importance of M&E systems

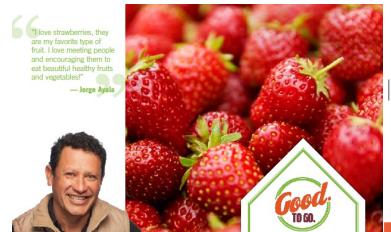








FUN. FAST. FRESH.











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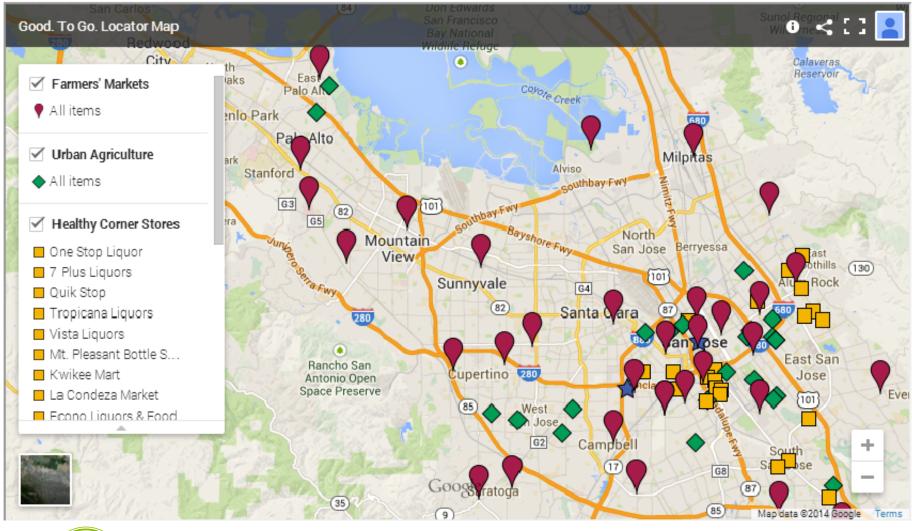
Lessons from the business world



GET TASTING. GET TALKING. #SHAKEDOWNS

Good. To Go.







Outdoor ads: bus shelters





YOU DESERVE FOOD THIS GO

Good. To Go. has arrived in your neighborhood.

facebook.com/gd2go



YOU DESERVE FOOD THIS GOOD. facebook.com/gd2go



Billboards





YOU DESERVE FOOD

LOOK FOR THE LOGO! At Corresponding facebook com/gd2go







Lessons Learned

FUN. FAST. FRESH.

- Set realistic timeline
- Timing & coordination with programs is key
- Ensure feedback from all stakeholders
- More research on target audience before campaign
- Clarify and coordinate expectations and roles



"Healthy Food Within Reach"



Responses to report:

- ID barriers before implementation (strategy 1)
- Healthy Cornerstore Incentives (strategies 2&3)
- Consider gleaning & community-driven local food strategies (strategy 3)
- Mimic smoking cessation programs to change eating habits (strategy 4)

Considerations:

- importance of supporting small, local, organic, and sustainable farmers
- Need for federal-level policy changes
 - subsidies and pricing





If THT had \$10 million...

- More efficient zoning & policy change in government
- Invest in healthy food advertising
- School nutrition education & food programs
- Improve senior nutrition
- Increase viability of local food systems
- Increase double bucks program
- Support groups to change eating habits
- Invest in creative, young, innovative leaders
 - Subsidies for entrepreneurs & small business owners
 - Raise their capacity through staffing and training
 - Ensure properly and adequately staffed

